



## What are Dermal Fillers?

Over time our skin reacts to ageing and climatic elements, particularly the sun. As the skin loses its resilience over time, we also develop lines in the lower face particularly around the mouth, on the cheeks, and between the nose and corners of the mouth. Dermal Fillers are substances that physically and instantly smooth out facial lines and wrinkles. Dermal Fillers are also commonly used to define and add volume to the lips.

## Who is a candidate for Dermal Fillers?

Most people can benefit from cosmetic facial injections with dermal fillers. The typical areas treated by cosmetic injections include:

- **Crow's feet** at the corners of the eyes
- **Frown lines** between the eyebrows
- **Worry lines**, that run horizontally across the forehead
- **Deep smile lines** that run from the sides of the nose to the corners of the mouth
- **Smoker's lines or lipstick bleed lines**, that run vertically around the mouth
- **Marionette lines** at the corners of the mouth
- **Lip** enhancement

The lines in the upper half of the face are often treated with muscle-relaxant anti-wrinkle injections however, dermal fillers also have a role in these areas if the lines are deep.

## What is the treatment like?

Dermal Fillers are considered a "lunch time" procedure. It is a simple walk in/walk out office procedure that takes between 30 and 60 minutes of your time. The procedure is simple, however, the results are dramatic. Consultation with Dr Kylie allows her to ascertain which areas you would like treated and the best product to use in your case. There are many products available, but essentially, Dr Kylie uses very fine injections into the areas to be rejuvenated. A local anaesthetic is often used with minimal discomfort, before and during the procedure. Depending on the desired effect, initially treatment is usually maintained with periodic follow-up treatments.

## What can I expect after treatment?

Occasionally, very slight redness or swelling can occur immediately after the treatment but this is short-lived and can be easily covered with make-up. If lip enhancement is performed, swelling can last for 48 to 72 hours. Dermal Fillers give instant and dramatic results – you will see the lines disappear before your eyes!

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## Before and After Photographs of Dermal Fillers



*Photographs courtesy of Qmed*

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