

Rejuvenate from the inside out

DERMAPEN FROM EQUIPMED HELPS COMBAT THE APPEARANCE OF FINE LINES, WRINKLES AND SCARS BY REGENERATING YOUR SKIN FROM WITHIN. CAITLIN BISHOP REPORTS.

With skin laxity, fine lines and a weakened skin texture all inevitable players in the ageing game, skin needling can help counter these symptoms and grant your skin the boost it needs. Effective in improving the appearance of scars, wrinkles and uneven texture, Dermapen from Equipmed optimises skin-needling technology to rejuvenate, brighten and smooth your complexion.

Designed for facial rejuvenation, Dermapen features multiple needles which vertically pierce the skin. This allows for deeper absorption of active ingredients, whilst simultaneously triggering the body's natural healing response – stimulating the production of new collagen fibres. Effective in tightening skin, boosting facial contours and improving the appearance of fine lines, wrinkles and scars, the Dermapen works by renewing your skin from within, as Melbourne medical practitioner Dr Filomena Lucente explains.

'Today, people are seeking more natural ways to improve their skin, and what better way than inducing your own growth factors and collagen fibres?' she says. 'Dermapen triggers the body's reaction to trauma, increasing the production of collagen and tightening skin. This is particularly effective in treating scars, as scars often cause a depression in the skin and the new collagen induced by Dermapen can fill that depression.'

Affording an holistic approach to enhancing skin health,

treatment with Dermapen involves three steps. First, patients are encouraged to incorporate Beauté Pacifique products into their home skincare regime. Scientifically shown to repair, renew and strengthen skin, Beauté Pacifique improves skin density by up to 80 per cent when used consistently. These results are then enhanced with Dermapen skin needling, which is used alongside Dermaceutical Hyla Active gel to afford smoother gliding and enhanced absorption. Finally, directly after treatment with Dermapen, a covering of Lycogel Cover and Recovery will seal the skin and conceal any post-procedure redness.

'I ask my patients to use Beauté Pacifique skincare before treatment with Dermapen, as the range is scientifically proven to increase the thickness of the epidermis and boost collagen production in the dermis,' Dr Lucente explains.

The Dermapen itself allows an individualised approach to skin rejuvenation, as the needle depth can be adjusted according to the patient's skin type, the nature of their concern and the treatment area. Dermapen uses an automatic vibrating function to allow maximum penetration, while the needles themselves are disposable, countering any risk of cross-infection.

'The needle depth is controlled by the operator. This is important because the needles must be adjusted according to the section of the face or body that is being treated,' Dr Lucente explains. 'For example, a shallow needle is needed under the eyes, where the skin is much thinner, and a deeper needle is used in treating acne scars, as this optimises collagen induction and fills the indentations from below.'

Before treatment with Dermapen, Dr Lucente conducts a thorough consultation. During this one-on-one session, any medical concerns, like active acne or potential sun cancers, are addressed and the patient's suitability for treatment is established. Afterwards, Dr Lucente recommends patients allow at least an hour for the procedure itself.

'To prepare the patient for their treatment I will ask them to lie down and then apply topical anaesthetic, which takes around 20 minutes to work,' Dr Lucente says. 'I then wipe off the anaesthetic and cleanse the skin with alcohol based antiseptic. Using the Dermapen, I perform three passes across the face, changing the needle depth as needed.'

After treatment, patients typically experience redness, dryness and mild swelling. While this can be somewhat improved using Lycogel, Dr Lucente assures the symptoms themselves should not persist for long.

'Patients are left with a mildly sunburnt appearance,' Dr Lucente says. 'There is minimal swelling and this should fade within 24 hours. I provide patients with the correct Beauté Pacifique products to use that evening and the next day. Particularly when using Lycogel, patients can resume regular activity immediately after treatment.'

Generally, a series of Dermapen treatments is necessary to achieve optimum results. Dr Lucente recommends four treatments, six weeks apart and says results can usually be seen in one week following treatment.

'Patients will see an improvement in skin tone and texture in six to eight days following treatment,' Dr Lucente says. 'From this, the results will continue to improve, with skin becoming smoother and tighter'

While Dermapen can be used in conjunction with other facial rejuvenation treatments, for example anti-wrinkle injections or volumising fillers, Dr Lucente believes it should be considered the first step in facial enhancement.

'I use Dermapen as the first approach to skin rejuvenation, as it takes a holistic approach in combining quality skincare and science,' Dr Lucente says.

'If patients are still considering particular injectables following treatment with Dermapen, then these injections will just be the "cherry on top". Dermapen represents an important step in improving the quality and health of the skin, as it uses science to achieve natural results in facial rejuvenation.' **csbm**



BEFORE

AFTER 3 treatments for skin rejuvenation with the Dermapen



BEFORE

AFTER 4 treatments with the Dermapen for acne rolling and box scars



BEFORE

AFTER 5 treatments for acne scarring and skin rejuvenation with the Dermapen